

## Strawberry Coconut Orange Smoothie

Adapted from allrecipes.com

### INGREDIENTS:

- 2 ½ cups hulled strawberries
- 1 orange, peeled
- ½ cup coconut milk
- 4 ice cubes

### PREPARATION:

Place the strawberries, orange, coconut milk and ice in a blender and blend until smooth. Makes one serving.

### NOTES FROM THE COOK: