

Green Salad with Strawberries

Adapted from www.eatwell.com

INGREDIENTS:

- 1 tablespoon honey
- 2 tablespoons balsamic vinegar
- 1 tablespoon extra-virgin olive oil
- ¼ teaspoon salt
- Freshly ground pepper, to taste
- 3 cups baby spinach
- 3 cups watercress, tough stems removed
- 2 ½ cups sliced fresh strawberries (about 12 ounces)
- ⅓ cup fresh chives, cut into 2-inch pieces
- ½ cup toasted chopped pecans
- ¼ cup crumbled goat cheese (optional)

PREPARATION:

Whisk maple honey, vinegar, oil, salt and pepper in a large bowl. Add spinach, watercress, strawberries and chives; toss to coat. Divide the salad among 4 plates and top with pecans and goat cheese.

NOTES FROM THE COOK:

Salad