

## Chia Pudding

From [www.eatingleanrecipes.com](http://www.eatingleanrecipes.com)

### INGREDIENTS:

- 1 ¼ cups almond milk
- ½ cup canned coconut milk
- ½ teaspoon pure vanilla
- Pinch of fine sea salt
- ¼ cup chia seeds

### PREPARATION:

In a large bowl, whisk together almond milk, coconut milk, vanilla, and salt. Add chia seeds; whisk to combine. Let stand at room temperature for 20 minutes, whisking occasionally to distribute chia seeds. Once the chia seeds have absorbed the liquid and the mixture has thickened, the chia pudding is ready to eat. Add desired toppings before serving.

### NOTES FROM THE COOK: