

## Red Quinoa Salsa

### INGREDIENTS:

- 1 cup red quinoa
- 2 cups water or broth
- Cilantro to taste, chopped
- Jalapeno pepper to taste, chopped
- 1 large ripe tomato, chopped
- 1 small red onion, chopped

### PREPARATION:

Add quinoa to 2 cups of water. Cover and simmer 10-15 minutes until all the water is absorbed. Let cool to room temperature. Mix all ingredients together. Chill at least 30 minutes to allow flavors to blend.

[www.quinoa.net](http://www.quinoa.net)

### NOTES FROM THE COOK: